

# Ring of the Rise

January 2013



Official Periodical of the Southern Sierra Fly Fishers Club

Gary Silveira, Newsletter Editor

#### President's Message: by Chiaki Harami (haramic)

Happy New Year!! I hope everyone had a great holiday season and they received everything on their wish list. I over ate, but enjoyed every bite, time to get the next size larger in waders. As we start a new year, the Club has been busy. On January 12<sup>th</sup> the Club had a rod building class and the Fly Fisher of the Year award banquet. The rod building class was interesting because the Chamber of Commerce room was doubled booked, so we held the class in the pool room at Kern Lodge. We had 3 great students and 2 of them have already completed their rods. Nothing like building fly rods around a pool table!

The Fly Fisher of the Year dinner was tons of fun. I'm always amazed by the distance of travel our members make to attend a Club event. We had a great turn out to recognize Randy Skidgel as FFOTY. I've known Randy for 7 years and he's one of the first persons I met on the Kern. I've fished with him and this award is well deserved. Randy does so much to help his fellow fly fishers. Often, you'll never hear about it. He does it in such a quiet way, even though he's not such a quiet person.

As we begin a new calendar year, the Club has lots of activities planned. The outing chair, Chris Chamberlain has many months of outing planned for this year. I will try to make most of them because we always have a great time. I'm looking forward to the San Diego Bay outing, after reading post after post from Richard Cullip. He has really figured out the Bay and the secrets to catching spotted bay bass.

Randy has a great line up of speakers for the year. It will be great to see David D'Beaupre next month. I've fished with David on the Kern, Eastern Sierras and Montana. He has such great enthusiasm, it's catchy. He's been on the east side for a while and he really knows those waters. 2FlySue and I have fished the Lower O and Crowley with David and each time we've had a blast. Everyone should make plans to attend the Feb 9<sup>th</sup> meeting and welcome David back to the Kern on his visit.

Guy will be conducting casting and nymphing classes over the next few months. We are fortunate to have Guy teach these classes and they are very well attended. They will be held on the same days has our Club meeting, so come up and make it a SSFFC weekend.

Shane has been very busy with the Kern River Rainbow project and planning the 2013 Kids Academy. Both of these are very important projects for the Club and for the future of

our sport. Let's do whatever we can to assist Shane accomplish the annual goals of these very important projects.

On February 22<sup>nd</sup>, our Club will be at the Bakersfield Sports Chalet to help introduce fly fishing to the general public. We'll have some famous fly tyers and casting instructors at the store demonstrating our art. It should be a fun time. The Southwest Council of the FFF has created the relationship with all the member Clubs and Sports Chalet. SSFFC will be doing our part to help further introduce our sport to the outdoor community.

As you can see, there's a lot planned for 2013 and I want to make it a banner year. Please be sure to thank the Club Officers for their hard work and planning efforts. They want to make your fly fishing experience the best.

Chiaki

River Report: by Guy Jeans (Flyguy)

Hello everyone, this is a fly fishing report for the week of 1-15-13.

The 20 mile roadside section of the upper Kern The river is fishing good...water temps are a chilly 35 degrees in the morning warming up top 40 by afternoon and air temps are pushing 56 degrees. There's a hatch around 1pm about a size 22-26 Baetis and they are taking the Emergers and Duns.

**Recommended Nymphs:** Pink Kern Emergers, Copper Johns 20-22, Czech Style rainbow nymphs, SH BWO 18, Caddis Larvae 18-20

**Recommended Dry Flies** Parachute Adams 18-22 Parachute Baetis 26, BWO 20-22, Drymerger 22

**Recommended Streamers** Buggers-Olive and Black, Egg Sucking Leech- Black

Flows in the 20 mile section are great for wading and fishing at 192 CFS.

The 4 mile wild trout section Open year round fishing above the bridge is tough as water temps are cooler. This is

a tough place right now for fly fishers. <u>Catch and Release</u> <u>barbless hooks only!!</u>

<u>Lake Isabella</u> Trout fishing is fair and the lake is very low near Camp Nine and <u>Paradise Cove.</u> Fishing various streamers with a floating line or sink tip is getting the job done. Rainbows are looking up early in the morning and taking midges on the surface with some great top water action near Paradise Cove, Crappie slow, Bass fly fishing is slow in about 9ft of water, Carp fly fishing is slow near the dam.

<u>Lower Kern</u> The lower river is fishing ok. The lower river is 200+cfs. Great flies to use down on the lower are Hares Ear size 12-18, Tungsten Yellow Sallie Nymphs size 14, Psycho Princes pink sizes 12-16, Copper Johns size 18 and WD40 18-20. Early morning hatches have been reported. Be very careful wading/fishing the lower. The small mouth fishing is slow in the canyon. Getting reports that the lower river is fishing slow for smallmouth out of the canyon. Rising fish in the evenings!

<u>Tributaries of the North and South Fork Kern</u> Closed

South Fork of the Kern from Rockhouse North Closed

Guy



**Conservation Report**: by Shane Goslin (fishinXJ)



**SWCFFF Conservation Chair** 

I'm taking this opportunity to share a recently received email from the SWCFFF's newly appointed Conservation Chair, Debbie Sharpton. Debbie used this email as a way to introduce herself and I wanted to make sure all of you had the same information.

Greetings Fellow Fly Fishers -

Happy New Year and may this message find you in good spirit and health.

I would like to introduce myself, the recently appointed Conservation Chair for the Southwest Council of the Federation of Fly Fishers.

A little bit about myself - a Los Angeles native, I work full time in the conservation world as Executive Director of Mountains Restoration Trust, a 32 year-old land trust based in the Santa Monica Mountains National Recreation Area (www.mountainstrust.org). I manage thousands of acres of land, acquiring more every year for protection in perpetuity, as well as habitat restoration projects - streams, uplands and meadows. I work with all the government agencies having jurisdiction in the mountains (there are many), as well as other nonprofits. I am working on the steelhead restoration in Malibu Creek, including the RIndge Dam removal. As a public benefit nonprofit leader, I am results oriented with the intent of making a positive difference in the long term health of the environment, which relates directly to the health of its inhabitants, including all us humans; we can have profound impacts - both positive and negative. I embrace change and work to surround myself with positivethinking people, working together as a team.

I have many deep sea fishing adventures in my past, but I now spend my vacation/spare time on a lifetime quest of perfecting my skills of fly fishing, while expanding my knowledge of fisheries, since we have so few in the Santa Monicas. I have been the Conservation Director for Sierra Pacific Flyfishers for a little over two years now. During that time I implemented the crayfish removal project on Malibu Creek, bullfrog and crayfish removal on Piru Creek, and the Golden Trout Wilderness research assistance project.

It has been an exciting time for me, as I so much enjoy being out on the waters. Since taking on the role of SWCFFF Conservation Chair I have had the opportunity to start on a project with Gary Applebee and the Lahontan Cutthroat Trout in the Walker Basin. Continuing on the work SWCFF began at the 2012 Mammoth Fly Fishing Faire, multiple clubs will be joining forces to help the Lahontans in Silver Creek by removing brook trout. I hope you can join in this worthy project. More info to come for the Summer 2013 effort. This is my first SWCFFF project, and I am looking for suggestions of more. Several issues are coming to a head this year too - Golden Trout Wilderness grazing permits, the great Delta debate, and many more. I would like to hear your views and thoughts on issues.

Debbie Sharpton SWCFFF Conservation Chair SPFF Conservation Director Cell - 805-338-8278 debbie.sharpton@gmail.com Please join with me in welcoming Debbie as the new SWCFFF Conservation Chair.

Shane

Outings Report: by Chris Chamberlain (ChrisC)

No report this month.

Chris

Rod Building: by Pete Emmel (Pete)

### Pete's Guide to the Common Cents System

The reason I am calling this "Pete's Guide to the Common Cents System (CCS)" is because I like things dumbed down a bit. I am not too concerned with the math they used to get there; I just want to get there.

What is the CCS? It is a system that uses pennies to figure out the Effective Rod Number (ERN) of any given rod. Is it 100% accurate? Well, like any other system it is open to interpretation. Will it get you in the ball park? Yes. But, remember it isn't gospel. Why? Because everybody has different likes and dislikes about the way a rod casts a certain line weight on it. That's where your personal preference comes into play.

So what kind of expensive equipment do I need? Be ready to dish out at least \$.62 to calculate up to a 7 weight rod.

#### Materials:

**Pennies:** About 75 pennies minted after 1996. Post 1996 are zinc with copper plating so they are a different weight than pre 1996 pennies.

Light weight plastic bag: Sandwich bag works

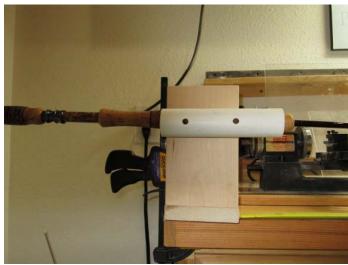
### **Paperclip**

### Tape measure

**Clamp:** Anything to hold the rod horizontal and secure. *Stacking books on the handle will work just fine.* 

#### **CCS Method:**

 Measure the rod and divide by 3. This is the amount of deflection you will be looking for. For this example I used my 10' (120") switch rod. 120/3=40".



- Secure the rod so that the first foot beyond the handle is parallel to the ground.
- 3) Guides should be pointing up.
- 4) Hang the baggie off the tip top with a paperclip.



5) Measure the distance from the tip to the floor.



6) Start adding pennies to the bag until you get the proper amount of deflection. In the case of my 5 weight switch rod it was right at 40 pennies.

7) Compare the number of pennies to the chart and you should have the line weight of your rod.

Cents to ERN Conversion\*

Cents	ERN	
10	0	
15	1	
21	2	
28	3	
34	4	
41	5	
48	6	
55	7	

\*Note this is a simplified chart. The official chart breaks it down from 10 to 62 pennies. Sorry but there isn't enough room in the newsletter.

Remember your own casting style, likes and dislikes will ultimately determine what weight line will work best for your rod. None of the manufactures are held to the CCS method when they design rods. I also found it interesting that the long handles on my switch, while not in play, had no effect on the final weight. Handle length must be designed into the rod.

### Pete

Also, remember that SSFFC club members receive a 15% discount at Acid Rod. When you make your next rod building purchases please make sure to give Mark Griffin (Mark Griffin) a call at Acid Rod @ 909-394-7486 or stop by his shop at 910 N. Cataract Ave, San Dimas, CA and let him or Colleen know you're a member of SSFFC. - Gary

Check out the following link to see what Mark has to offer -

http://www.acidrod.com/



### Club Meeting: by Chiaki Harami (haramic)

The next General Meeting of the SSFFC will be Saturday, February 9<sup>th</sup> at 7:00 PM at the Kernville Chamber of Commerce building. There will be a board meeting at 6:00 PM prior to the general meeting and all directors and chairpersons are encouraged to attend.

David D'Beaupre of Sierra Trout Magnet Fly Fishing Shop & Guide Service, Bishop, CA will be the speaker for the meeting. He will be conducting a presentation on fishing the Eastern Sierra region.



### **David D'Beaupre**

Owner / Guide / Instructor

David D'Beaupre grew up in Western Montana and began exclusively fly fishing at the age of 7. During his early years, David primarily fished on the unknown and secluded waters of the Flathead Indian Reservation where he lived. He also took weekend fly fishing trips to famous rivers across Montana with his father. At the age of twelve he won the National Junior Fly Casting Championship in West Yellowstone, MT.

David started professionally guiding at the age of 18 on the Clark Fork River in Montana where his father pioneered a fly fishing guide service and lodge. The lodge grew to the point where a guide training school was opened with David and his father instructing many serious fishermen on their path to becoming professional guides. The lodge and guide training school are still running strong with dozens of students coming out every year.

David has also guided in New Mexico on the Rio Grande and Pecos drainages and in Mexico on the Caribbean flats on into Northern Belize. Venturing to the other side of the globe to Chilean Patagonia, David found some of the most explosive trout fishing one can imagine. Abnormally large trout in crystal clear waters is the game here. Chilean summers happen during our winters when David takes clients on a seven day fly fishing dream trip. On his own, David has fly fished in Honduras, Belize, and in Western Mexico for sailfish and other offshore species. He's also fished on the coastal waters of Oregon and Washington, and as far north as the Northern Territories in Canada for Walleye and Northern Pike.

David is known for his infectious enthusiasm, and positive and patient nature that keeps clients coming back for more time after time. A dedicated fly fisher of 23 years, David has spent the last five years of his 17 year guiding career guiding the year round trout waters of the Californian Sierra. If he isn't guiding, you can bet that he is fishing, traveling to fish, fishing with his family, or scouting out the new hot spots to get his clients into fish.



2272 North Sierra Hwy Bishop, CA 93514 (760) 873-0010

Prior to starting his own business, David worked for Guy, guiding clients on the Kern River, so he has a lot of knowledge about the Kern and many friends within our club. This will be another "not to be missed" presentation and we are hoping that many of our members will be able to attend.

Chiaki

Tippets from the Fly Addict: by Allen Bell (Raider)

### **New Addition**

I haven't been fishing much lately. Family things going on, just busy. Mainly though, we have been preparing for a new addition to the family. Places have to be prepared, you can't expect the new addition to just be anywhere around the house. I have to let my friends know so they can share the great joy with me. There are places to go and things to do. This is an exciting time!!!

Finally, I get the call, the new addition is ready, we have to go quickly. These things won't wait, you know. So, I finished the things that must be done before I could go, when I checked to make sure my wife was ready, she couldn't go. I'll have to welcome this one into the family on my own. Oh well, I've done this before. It will all work out in the end. So, excitement builds as I make the drive to Kernville in a hurry. Every mile seems to go slower and slower. Will I make it on time??

Finally I am there; ready to meet the new bundle of joy I have waited on for so long. Then, there it was. I could tell we would have a very special relationship from the first meeting. Years of happiness are sure to follow this meeting, this time of welcoming a new addition to my family. Would you like to see a picture of my new addition, Sure you would, who wouldn't!!!



The sweet new addition to my family!!!

Yep, I added a new Winston to my home......What did you think I was talking about? I recently was lucky enough to win a new fly rod. WOOO HOOO!!! I don't think there is anything quite like the first time out with a new fly rod. Especially if I am able to fish the first day I see it.

I had planned to take my wife up to pick it up. We would have lunch and enjoy some time together. She decided she was busy and I should get my stuff done and just go get the rod. Her idea was "Take your gear; you might as well fish while you are there." I love my wife; she always has the best ideas!!

I didn't go to the places I was told the fishing was good, I went to places I love to be. Brand new rod, might as well break it in in a place I enjoy being. Sometimes fishing isn't just about catching fish. Sometimes, I think it has to be more about the sheer joy of being there, in a special place. Casting a work of art into the cold crystal clear waters of the Kern. Fishing a dry when there is little or no chance of a rise, just to see how the new addition handles itself. How does it cast, how does it mend? Does it have the 'soul' I have come to love in my Winston rods? I will say this, I have never handled a lighter, more powerful fly rod. Amazing performance!! Beautiful fly rod, beautiful place!!



Love the cold clear waters of the Kern River

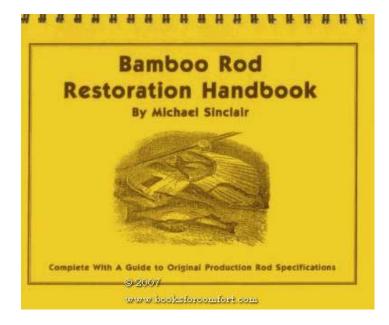
So, as the shadows lengthened and a chill came into the breeze, I realized it was time to call this wonderful time I had spent with my new rod a day.

I have often wondered about the feelings we fly fishers seem to have for our rods. Some I know fish the same rod they have for many years and wouldn't change for anything. Some I know like new rods often and they are very specialized. I'm kind of in the middle. However my friends pick and choose, they love their rods. I'm probably worse about that than most. I enjoy the feel of my rods. The way the grip fits my hand. The feeling of its power when I have to hit a far spot. And to believe the rod will be able to deliver when it has to. The finesse it has to have to land that one fish of the year that will break your heart if lost at the very end. I guess some fishers consider a fly rod just another tool to be used in their pursuit of fish. To me, my rods remind me of a place I really want to be. They remind me of the people I care about and enjoy time with. That's all I could ask them to do......



Allen

Fly Fishing Book Review: by Ants Uiga (Ants)



### Bamboo Rod Restoration Handbook Complete with a Guide to Original Production Rod Specifications

By Michael Sinclair
Published 2012 (2007 and 1994) by Michael's Bamboo
Books
3121 Benton Road
Paducah, KY 42003
208 pages

Let's say you were scavenging in a relative's attic (remember those), a garage sale, or one of online auction sites. An older bamboo rod was found and now the questions arise. What era is the rod from? Who made it? Is it ready to go fishing? What should I do with it to make it look good or to make it suitable for fishing?

All of the answers (well maybe a lot of them) are covered in Michael Sinclair's book. I was several rods behind in knowing about the rod makers, the original specifications, and what to do with them to make them right. For the skeptics, the question may be "Should I make them right?" The answer is an obvious – of course!

Why should you make these vintage (or antique) bamboo rods right? My answer is to preserve their history and at the same time, gain some appreciation for their construction. If the rod was found in a relative's garage, there is a strong likelihood that Uncle Jack or Grandpa Will spent time using these rods. If some time is spent fishing the same rods, there will be a connection to their prior pleasure and your current pleasure.

Michael Sinclair makes a good case for the decisions that you will face with an unknown rod in your possession. I was surprised out how well Sinclair covered the topic since I raised many of the same questions in my mind.

One of the first things I was impressed by was the form that Sinclair provided to log the information about the rod. To some this may seem like a redundant step, however, the a record of the rod information will provide information to you in the future if questions come up, or if someone has the same rod and could be very happy to have more information. In order to fill out the form, the terminology of rod components is needed and the information and visuals are provided by Sinclair. By the way, the hand-drawn illustrations are excellent and show many details that may not be apparent from a photograph. Kudos to the author.

Even though original decals or markings may be gone, by examining and noting the rod specifics, a good estimation of the age and manufacturer of the rod can be made. This process surprised me. In addition, the author explains how the rod manufacturers provided private label rods for other retail sellers. As a result, the history of rod building becomes less of a mystery. Another question that comes up is 'what is the value of this rod. The monetary value of the rod can be estimated by submitting rod information and pictures to one of the classic bamboo rod forums. However, the author gives some insight into what some of the sentimental values associated with rod.

The next topic is the basic of rod restoration. The tools and supplies that are typically used to complete these steps are described as well as sources to purchase them. The section on polishing the rods was especially interesting to me since I had heard the term a number of times, but had no idea of the procedure. (It turns a kerosene based paste is used that dissolves the old varnish, as well as an abrasive that make the surface smooth). In addition, steps are given that help to protect original markings, as well as information that helps interpret the meaning of the markings. Finally, comments are given on cleaning and reusing the existing guides, ferrules, grips, and reel seats so the rod can be said to be refinished with the original equipment instead of restored with non-original parts.

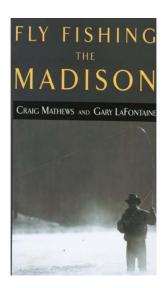
In the early part of this review, reference was made to logging information about the building of a specific rod. So, what do you do if the manufacturer produced 10-40 models of fly rods, and varied the production at different time intervals? The guide to original production rod specifications lists the available information. This tabulation is very handy information indeed! For the rod builders who are not restoring rods is this information handy. Yes, if you are interested in the traditional rod building look. For different models (and price levels), the combination of thread colors can be checked to see if the vintage color combination fit your preferences. The likely answer is Yes since the rod builder made more rods in their history than any individual could produce in their lifetime.

Finally, the author reproduces 6 pages from component catalogs that show the relative sizes, prices, and appearances of reel seat hardware, butt caps, ferrules, guides, and fly tops.

Without the book, a vintage rod is a quandary. With the book, the rod tells its history, and how it can be restored to as-built glory. A final note – as the varnish ages, the colors of the threads take assume the look of old varnish. When the old silk wraps are removed and the underside revealed,

the author notes that was assumed to be a faded wrap is in reality of a bright red. The book leads the restorer to surprises and satisfaction from a well-documented set of procedures. I plan to use the book extensively.

#### **Book Review 19**



### Fly Fishing the Madison

By Craig Mathews and Gary LaFontaine Published 20001 The Lyon's Press, Guilford, 145 pages

My first comment after reading this book was "Wow, wouldn't it be nice if there was a book like this for every major fly fishing stream!" The information presented in this wonderful book covers the Madison River from Yellowstone Park to the town of Three Forks, Montana. While I do travel sporadically, I don't typically travel very far to go fly-fishing. However, when I travel for other purposes, there is an abundance of fly-fishing gear that is taken for the many opportunities that arise.

The Madison River is well known. My dental hygienist, who has not fly fished yet, would be thrilled to fly fish the portion in Yellowstone Park. The two authors, both highly accomplished fly fishermen, have a lot of experience in the area. Their experience is condensed into a wonderful resource for anyone who wants to travel to the Madison and fish the river, or others who may simply wonder what type of information is needed to fish a river effectively.

The Madison River is divided in 14 sections to present information about the best times to fish each section, the flies that would work best at different times of the year, the entomology behind the fly selection, the time of the day and impacts on fishing, fishing techniques, and lastly information about the flies (and how to tie them). Based on this last (somewhat long sentence), don't you wish there was a book like this for every major river? The hatches, fishing conditions, and river flow conditions change from year to year. So, even though the information does not predict hatches to the week or day, it gives the general time of the

year and that alerts the fly fisher to ask the right questions as one plans a trip to the area.

For example, Slide Inn or Slide section of the river denotes a 40-mile section of the river that the authors' state is some of the finest trout water anywhere. The area is managed as a wild trout habitat with fishing from the third Saturday in May to the last day of February. During June runoff, VWsized boulders get moved downstream like pebbles. Wading is a dangerous option at this time and not recommended, but there is fishing in a 3-4 foot wide of greenish-blue water on either side of the river. Fish are feeding in that area and can be caught since the flow is regulated at opening day. Later in June as the runoff increases, other sections of the river offer better fishing. By the end of June (or no later than 4<sup>th</sup> July), the runoff period is over, and reasonable fishing continues. Flies are suggested for various times of the year, but even a 3X tippet will not contain the larger fish when they head downstream after being hooked unless you are fleet footed and run downstream.

The emergence of hatches is presented for different sections of the river, as well for different insects. To complement the hatches, information is presented on the suggested flies to use during the hatches, how to tie the flies, and techniques to fish them. While the hatch information is not directly useful at a different location, it may stimulate some interest for local waters. For example, some fishermen made comments that although the fishing continued until 9 pm, the notable hatches were not seen. In many cases, the hatch didn't begin until 9:30 or 10:00 pm and continued into the night. So, if one notes the difference between sunsets in Montana is compared to the sunset in Southern CA, it may become apparent that by leaving the river too early locally, one can miss the sunset (or post-sunset) hatches.

In conclusion, for a small book it is packed with lots of information about the Madison River. Even though the information does not correlate directly to local conditions, it may help the local fisherman to look for conditions that are well described in the book. I know I will be trying to fill in my blanks for similar information. And, who knows, maybe someday I will get to the Madison and get to the use the information directly.

Ants ......Your SSFFC Fishing Book Aficionado

Fly of the Month: by Rob Buhler (clouserfreak)





### GARTSIDE GURGLER and PYRAMID LAKE TADPOLE

From the information that I can gather, Jack Gartside was a unique man and from his vise came many unique patterns. Jack mentions in his book, "Fly Patterns For The Adventurous Tyer", that, "Experimentation grounded in experience and fueled by imagination is a large part of the creative and adventurous spirit of the fly tyer at work with fur and feathers...". A wonderful example of this statement comes in the form of the Gartside Gurgler.

The Gurgler is one of the most innovative and widely mimicked flies from coast to coast coming from the vice of Mr. Gartside. The presence of a foam lip makes it essentially a "commotion" fly, attracting fish by creating a disturbance on the surface of the water. Jack mentions that bass, panfish and pike love this bug and he has even tied it for steelheaders with some success.

There are two different recipes for the Gurgler, one being freshwater, and another saltwater with a thin and longer tail of bucktail including some flash. You can also tie the salt version further up the long shank to protect it from sharp teeth

The Pyramid Lake Tadpole is one of those previously mentioned flies that imitate the same features of the Gurgler. The Pyramid Lake Tadpole simply substitutes a longer, thinner marabou tail and Estaz for the body instead of palmered hackle. The major difference is how this fly is fished. Most Pyramid fly fishers tie it onto a sinking line and have the fly bob toward the surface after each retrieve, then strip it back into deeper water, again followed by the bobbing. This often triggers strikes from the huge Lahontan Cutthroat trout native to this lake. Did someone say, "Road trip?".

#### **Materials:**

Gartside Gurgler:

Hook: Mustad 3406 8-2 (fresh) I used Mustad 34007 #6 Mustad 9674 10-2 (salt) I used Mustad 34007 #2

Thread: 3/0 color to match

Tail: Natural or Dyed Grizzly or Pheasant Rump Marabou, color to match

Body: Closed Cell Foam

Rib: Palmered Natural or Dyed Grizzly Saddle Carapace: Foam pulled forward from Body

### Pyramid Lake Tadpole:

Hook: TMC 2499 SP BL Thread: Black 6/0 Body: Purple Estaz

Carapace: Black Loco Foam

#### **Tying Instructions:**



1. Debarb hook, insert into vise and attach the thread just beyond the bend.



Select a grizzly saddle hackle with a large amount of marabou fluff at the base of the feather. The marabou at the base of a pheasant rump feather can also be used.



 Remove a large clump from one side of the hackle and measure to about one hook length. Trim butt ends even and tie in just beyond the bend. Trim excess if necessary.



4. Cut a 4-6" piece of closed cell foam in a strip just thinner than the width of the hook gape. Attach with several wraps just beyond the hook bend with the front end extending to just behind the hook eye.



5. Select an appropriate sized saddle hackle ( Jack does not specify rooster or hen). Attach by the top of the feather at the foam tie in point.



6. Wrap the thread forward in 4-5 turns securing the foam to the hook and creating segmentation.



7. Palmer hackle forward, following the thread tracks to just behind the eye. Tie off hackle one eye space behind the hook eye and trim excess.



8. Pull foam over the top of the body and tie down behind the hook eye with several thread wraps. Move the thread forward, in front of foam lip, with a couple of wraps just behind the eye and half hitch or whip finish. Trim lip to even or just beyond the hook eye and tweak upward.



Saltwater Gurgler: Note the longer tail and the body tied on the front 2/3 of the hook.



10. Pyramid Lake Tadpole: Note the full Estaz body, not palmered.

Rob

Tips & Techniques: by Ryan Buhler (ryan)

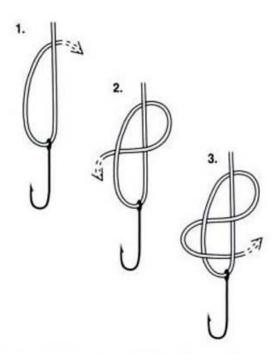
### Midge Knot

Recently Rob showed me a book called *Midge Magic* by Don Hollbrook and Ed Koch. It's based on Mr. Hollbrooks research over the years of fishing and tying midges on the limestone streams of Pennsylvania.

This book is a must read for anyone who fishes midges on the tailwaters and spring creeks of the Sierra's. Mr. Hollbrook has a practical way of choosing materials and tying his midge patterns that some tyers will find helpful. Also in his book he shows a knot that is an excellent choice for fishing small flies.

In 1999 at a fly fishing trade show a gentlemen was telling Mr. Hollbrook about a knot that his came up with. His son showed Mr. Hollbrook the knot and he was so impressed he started using it to attach his small midge patterns to his leader. The best thing about this knot is it only has one turn of mono at the head. On small flies it doesn't bulk up the head unnaturally. It's simple to tie and when tied properly doesn't slip. When tying, make sure to cinch it down tight before cutting the tag end.

### Midge Knot Tying Instructions:



# Ryan

#### Message from the Editor: by Gary Silveira (CopperDropper)

I don't know about you but I'm sure glad those Mayans didn't have everything figured out! That being said, here we are, once again looking at all the possibilities for unknown adventures that lie ahead in a brand new year. Have you already reflected on the triumphs and letdowns from the past year that we all seem to have? Hopefully you will have many more listed in the "Triumph's" column. But as they say, the letdowns are what generally help us to grow. At least they give us more focus of the target.

One of my personal letdowns of 2012 is that I didn't get to spend as much time on the water as I had hoped for. Although I was able to spend some time fishing the Kern, eastern sierra waters as well as the Lower Sacramento and American Rivers, and was able to share these adventures with great friends, at the end of the year I felt as though the trips were just too far and few between. It's probably a common feeling for many of us that so enjoy this wonderful sport and just can't really get enough of it, but it still leaves the heart and soul wanting for more. Yep, another target to focus on for 2013!

Aside of our personal goals, 2013 should be another banner year for the SSFFC. We started off the year by crowning Randy Skidgel as FFOTY and will be bringing back an old friend in David D'Beaupre to share his knowledge about fishing the east side.

Chris Chamberlain has scheduled many outings for this year to include trips to the Trinity River, Bishop area, East

Fork of the San Gabriel, San Diego Bay, Rock House Basin, Castaic, the Forks and the Kings River. Oh yeah, don't forget that in between there we will also be having the 6<sup>th</sup> Annual Kid's Academy, the 8<sup>th</sup> Annual Rendezvous and the 3<sup>rd</sup> Annual Inter-Club Tournament! Make sure to keep up with all the outings by checking in on the club website (ssffclub.org) Calendar/Outings tab.

Other sponsored events are rod building classes like the one Pete conducted earlier this month, fly tying classes by Rob & Ryan Buhler and Guy's casting and nymphing classes.

Yes, once again the club will be busy providing many opportunities to all its members in the New Year!

Now that I have a list to help me place more items in the "Triumph's" column all I need to do is get that 2013 Fishing License and get out on the water. Don't you forget to get that license either!



Here's to a great 2013 and wishing you all.... beautiful moments, treasured memories, and all the blessings a heart can know.

Tight Lines, Gary



## **SOUTHERN SIERRA FLY FISHER CLUB**

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